

Pune District Education Association's Annasaheb Magar Mahavidyalaya

Hadapsar, Pune-411028

Affiliated to Savitribai Phule Pune University, Pune



Self Study Report: 2024 (4th Cycle)



Criterion - 5
Student Support and
Progression

Key Indicator- 5.1 Student Support

Metric: 5.1.2 (QnM)

capacity development and skills enhancement activities are organised for improving students' capability

- 1. Soft skills
- 2. Language and communication skills
- 3. Life skills
- 4. Awareness of trends in technology



Submitted to



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Hadapsar, Pune- 411028

Affiliated to Savitribai Phule Pune University, Pune



Self Study Report: 2024 (4th Cycle)

5.1.2 - Capacity development and skills Enhancement Activities

Index (2020-2021)

Sr No	Name of Activity	Page No
	Soft Skill	
1	Chromatography Techniques	4 – 10
2	Communication Skill and Personality Development	11 -15
	Language and Communication	
1	Communication for Managers: Add-on Course	17-26
2	Vaachan Prerana Din (Reading Inspiration Day)	27-30
3	Vaachan Prerana Din (Reading Inspiration Day) : Kavya vaachan (Poetry Recitation)	31 – 40
4	Guest Lecture on How to Improve Communication Skills	41 - 44
	Life Skills	
1	A Lecture on Health and Hygiene	46 - 49
2	Life Skill: Yoga	50 - 54
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4	Covid -19 & Gender Equality Countering the Regressive Effects	77 - 80

I. Soft Skills2020 - 2021

Criteria V 3 | P a g e

1. Chromatography Techniques By Chemistry Department 02/10/2020 - 16/10/2020

Criteria V 4 | P a g e

Skill Development (Chromatography Techniques)

Notice



Criteria V 5 | P a g e

Skill Development (Chromatography Techniques)

Time Table

PDEA'S ANNASAHEB MAGAR MAHAVIDYALAYA, HADAPSAR, PUNE- 411028 DEPARTMENT OF CHEMISTRY

M.Sc. II Organic Chemistry (ACADEMIC YEAR : 2020-2021) Sem. III

Subject: Skill Development (Chromatography Techniques)

Class: M.Sc. II Organic Chemistry Source: Zoom meeting.

Sr. No.	Date	Day	Time	Name of the lectureer
1	02/10/2020	Saturday	01:00 pm - 03:00pm	Mr. Sakhare K.B.
1	02/10/2020	Suturday	03:15 pm- 04: 15 pm	Mrs. Jagtap S.R.
2	04/10/2020	Monday	01:00 pm - 03:00pm	Mr. Sakhare K.B.
	04/10/2020	mental	03:15 pm- 04: 15 pm	Mrs. Jagtap S.R.
3	05/10/2020	Tueday	01:00 pm - 03:00pm	Mr. Sakhare K.B.
3	03/10/2020	, de die	03:15 pm- 04: 15 pm	Mrs. Jagtap S.R.
4	05/10/2020	Wednesday	01:00 pm - 03:00pm	Mr. Sakhare K.B.
*	03/10/2020		03:15 pm- 04: 15 pm	Mrs. Jagtap S.R.
5	07/10/2020	Thursday	01:00 pm - 03:00pm	Mr. Sakhare K.B.
3	07/10/2020		03:15 pm- 04: 15 pm	Mrs. Jagtap S.R.
6	08/10/2020	Friday	01:00 pm - 03:00pm	Mr. Sakhare K.B.
0	00/10/2020		03:15 pm- 04: 15 pm	Mrs. Jagtap S.R.
7	09/10/2020	Saturday	01:00 pm - 03:00pm	Mr. Sakhare K.B.
	ONTENES		03:15 pm- 04: 15 pm	Mrs. Jagtap S.R.
8	11/10/2020	Monday	01:00 pm - 03:00pm	Mr. Sakhare K.B.
0	11/10/2020		03:15 pm- 04: 15 pm	Mrs. Jagtap S.R.
9	12/10/2020	Tueday	01:00 pm - 03:00pm	Mr. Sakhare K.B.
			03:15 pm- 04: 15 pm	Mrs. Jagtap S.R.
10	13/10/2020	Wednesday	01:00 pm - 03:00pm	Mr. Sakhare K.B
10	20.23/24/24		03:15 pm- 04: 15 pm	Mrs. Jagtap S.R.
11	16/10/2020	Saturday (Exam)	01:00 pm – 02:00pm (Online Test)	

Department of Chemistry Annasaheb Magar Mahavidy... Hadapsar, Pune-411028. PRINCIPAL Annasaheb Magar Mahavidyalaya Hadapsar, Pune-411028.

Criteria V 6 | P a g e

Skill Development (Chromatography Techniques)

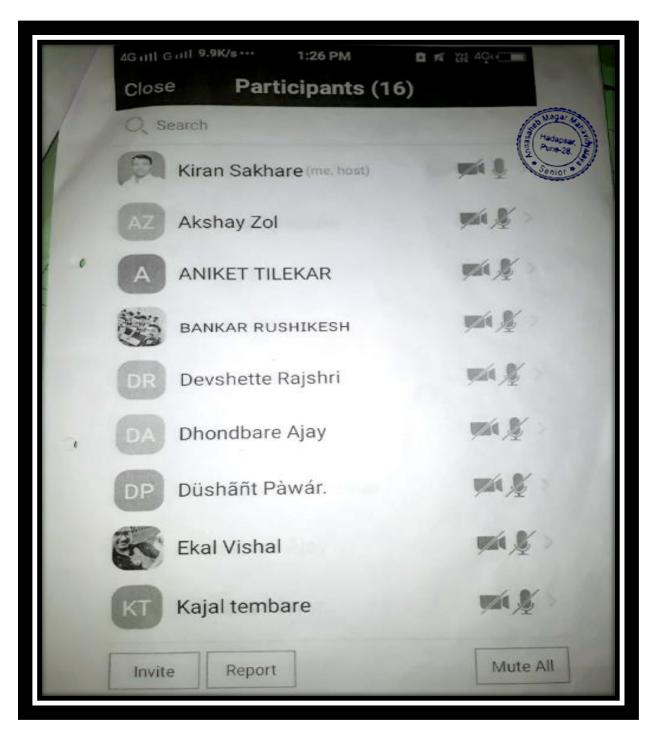
Attendance



Criteria V 7 | P a g e

Skill Development (Chromatography Techniques)

Attendance



Criteria V 8 | P a g e

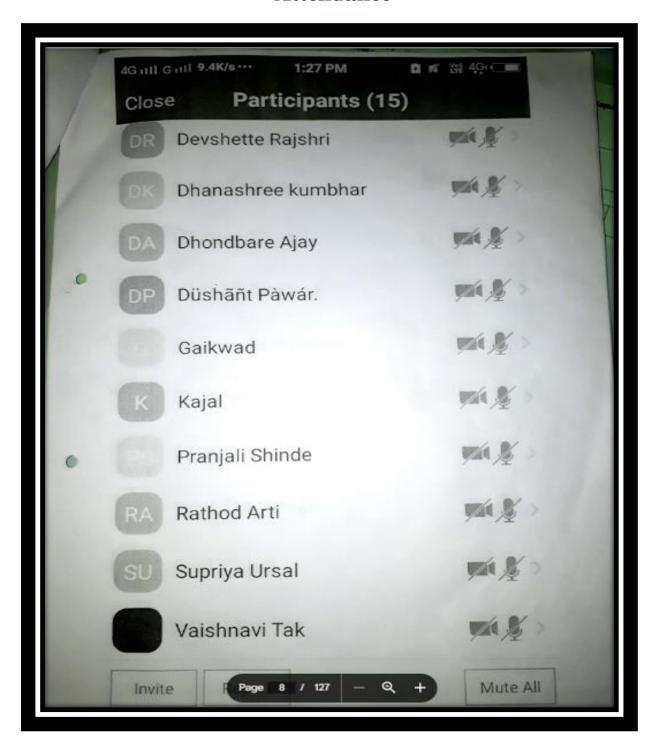
Skill Development (Chromatography Techniques)

Attendance



Criteria V 9 | P a g e

Skill Development (Chromatography Techniques)

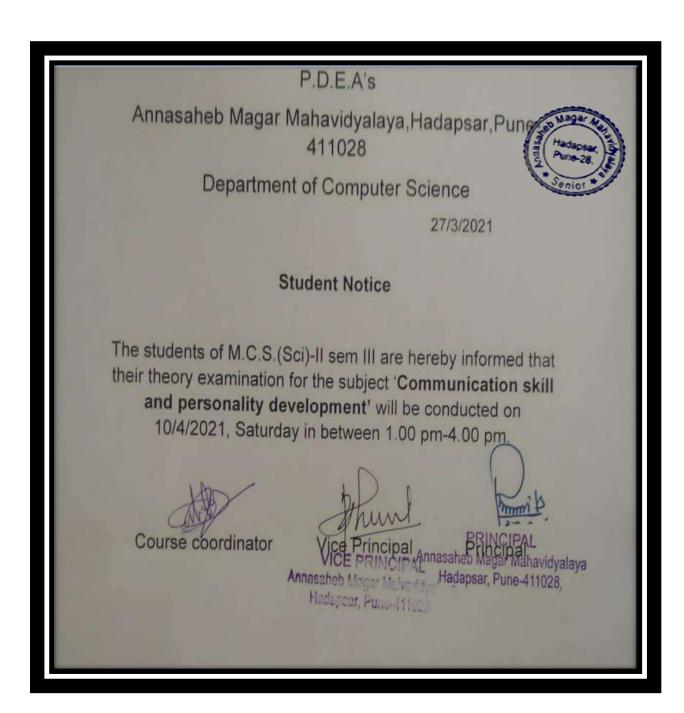


2. Communication Skill and Personality Development

By

Computer Science Department (31/03/2021 to 10/04/2021)

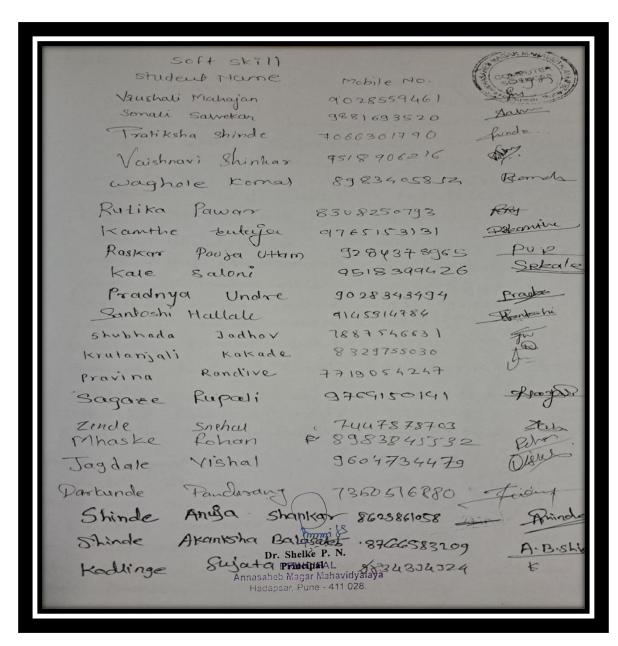
Communication Skill and Personality Development Notice



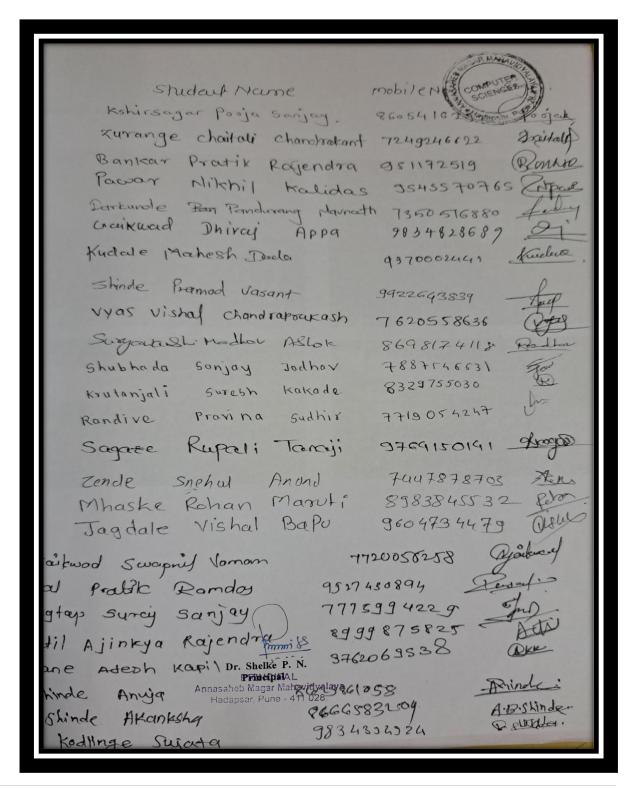
Communication Skill and Personality Development Time Table



Communication Skill and Personality Development Attendance



Communication Skill and Personality Development Attendance



II. Language and Communication 2020 - 2021

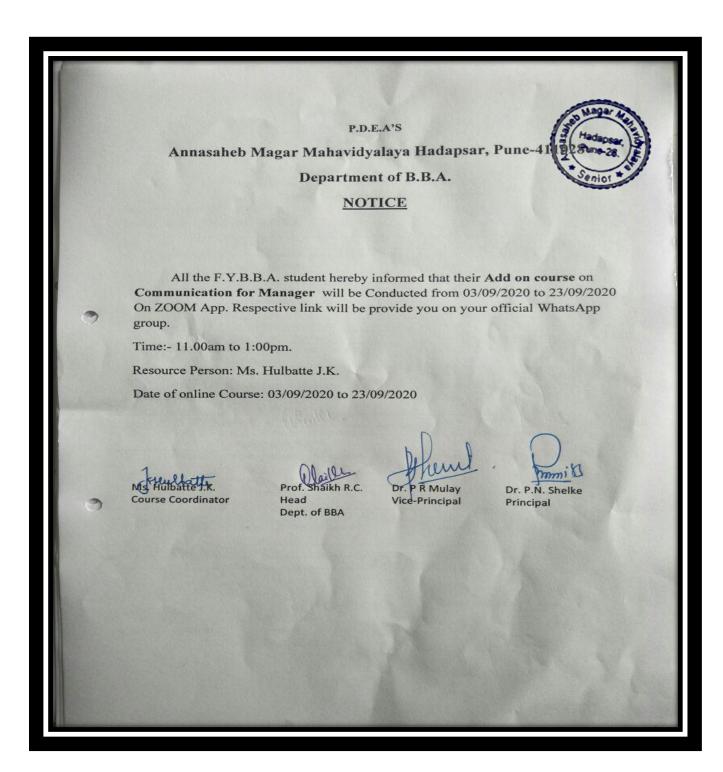
1. Communication for Managers : Add-on Course

By

BBA Department

03/09/2020 to 23/09/2020

Add on Course : Communication for Manager Notice



Add on Course : Communication for Manager Structure

P.D.E.A'S

Annasaheb Magar Mahavidyalaya Hadapsar, Pune-4110

Department of B.B.A. (2020-21)

Add on Course- Communication for Manager

Aim:

The Add on Course on 'Communication for Manager' covers various dimensions and importance of effective Communication Skills. This course aims to mould the students with employable skills. This job oriented course is design to equip the student to face the emerging challenges.

Objectives:

Communication for Leaders is intended to help you:

- · Think strategically about communication.
- Sharpen your writing, presentation, and interpersonal communication skills within a managerial setting.

We will look at a range of successful practices and guidelines that have been derived from both research and experience, give you the opportunity to develop and practice your skills, and provide you with feedback to help you strengthen them.

Course Structure:

The Add on course comprises theory based knowledge. It is mainly an online training-based course which contains 18 lectures (36 Hours). These courses also contain Effective Communication skills, Social development etc.

Students can expect to study:

- · Introductions to Communication.
- Effectiveness in Managerial Communication.
- Business Communication.
- · Challenges & Etiquette.
- · Ways & means of conducting meeting effectively.

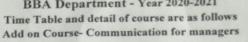
Add on Course : Communication for Manager Syllabus



Add on Course: Communication for Manager Time Table

P.D.E.A.S

Annasaheb Magar Mahavidyalaya, Hadapsar, Pune-28 BBA Department - Year 2020-2021 Time Table and detail of course are as follows



Class: F.Y.B.B.A Faculty Name :- Prof. Hulbatte J.K.

S.No. Date		Topic	Time	Hours	
1	03/09/2020	Introduction to Managerial Communication	11.00am TO 01.00pm	02	
2	04/09/2020	Role of Manager	11.00am TO 01.00pm	02	
3	05/09/2020	Effectiveness in Managerial Communication	11.00am TO 01.00pm	02	
4	07/09/2020	Oral Presentation	11.00am TO 01.00pm	02	
5	08/09/2020	Planning Presentation	11.00am TO 01.00pm	02	
6	09/09/2020	Delivering Presentation	11.00am TO 01.00pm	02	
7	10/09/2020	Handling questions from the audience	11.00am TO 01.00pm	02	
8	11/09/2020	Business Communication	11.00am TO 01.00pm	02	
9	12/09/2020	Challenges & Etiquette	11.00am TO 01.00pm	02	
10	14/09/2020	Fundamental Principles of Interviewing	11.00am TO 01.00pm	02	
11	15/09/2020	Mock Interviews	11.00am TO 01.00pm	02	
12	16/09/2020	Ways & means of conducting meeting effectively	11.00am TO 01.00pm	02	
13	17/09/2020	Writing agenda and minutes of meeting	11.00am TO 01.00pm	02	
14	18/09/2020	Planning a targeted resume	11.00am TO 01.00pm	02	
15	19/09/2020	Format & Principles of writing Memos	11.00am TO 01.00pm	02	
16	21/09/2020	Format of Business Proposals	11.00am TO 01.00pm	02	
17	22/09/2020	Practice for writing Business Reports	11.00am TO 01.00pm	02	
18	23/09/2020	Case-study	11.00am TO 01.00pm	02	
		Tot	al Hours	36	

Course Coordinator

Head Dept. of BBA

Dr. P R Mulay Vice-Principal Principal

Add on Course : Communication for Manager Attendance

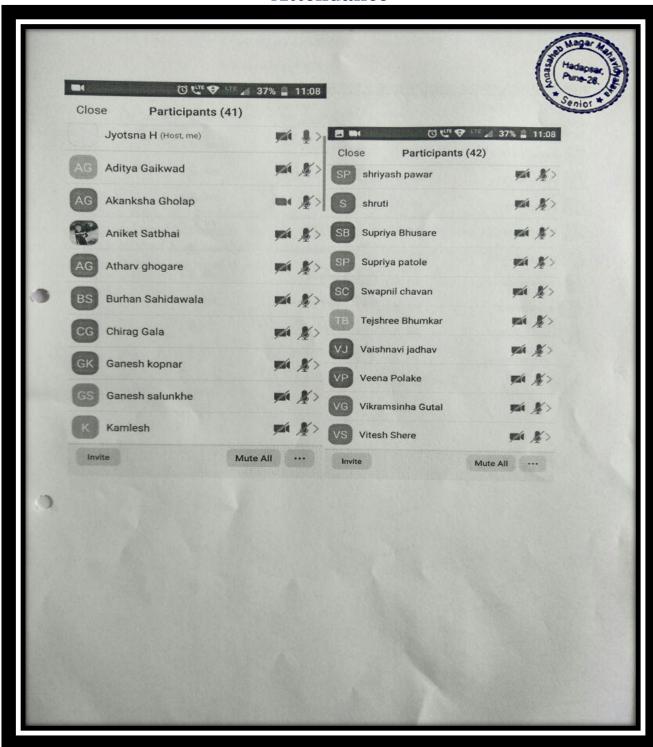
P.D.E.A'S Annasaheb Magar Mahavidyalaya Hadapsar, Pune-411028 B.B.A. Department Students Attendance Record- 2020-21 ADD-ON COURSE- Communication for Manager Sr. No **Enrollment No Full Name** 20202111919 SHINDE SRIFAL PRAKASH 20202111932 KADAM SANDESH PRAMOD 20202111937 RUPNAR ADITYA JAINDAR 20202111978 KADAM MANSI VISHAL 5 20202111983 SHEDAGE NIKHIL ANAND 6 20202112028 SATBHAI ANIKET SANDIP 7 20202112194 | CHAVAN KARAN BABAJI 8 20202112209 SATBHAI RUTIK MAHADEV 9 20202112250 KUMBHARKAR YASH SUNIL 10 20202112254 GAVHANE SWAROOP SUNIL 11 20202112280 GAIKWAD SAURABH CHANDRAKANT 12 20202112330 CHAVAN RAHUL BHAYYA 13 20202112332 KAWCHALE SAMARTH DATTATRYA 14 20202112387 JADHAV ROHAN RAHUL 15 20202112436 | SATHE RUSHIKESH VIJAY 16 20202112448 BARAVKAR SAURABH RAJESH 17 20202112457 LOHAR MAYUR SANTOSH 20202112464 SHELAR SHUBHAM VINOD 19 20202112484 **BHOSALE TANMAY PRABHAKAR** 20 20202112556 JADHAV NAMRATA DHANAJI 21 20202112611 PATIL SHRUTI SANJAY 22 20202112625 SHITOLE PRAJVAL MAHENDRA 23 20202112837 GAIKWAD ADITYA DASHRATH 24 20202112887 KOPNAR GANESH ROHIDAS 25 20202112906 MASKAR ROHAN MACHHINDRA 26 20202112933 SHENDGE SUDARSHAN DHANANJAY 27 20202113205 **DIXIT PRASANNA SOMNATH** 28 20202113334 SALUNKHE GANESH MAHESH 29 20202113344 JADHAV VAISHNAVI RAJEBHAU 30 20202113366 HOTKAR YASH SHANKAR 31 20202113424 GHOGARE ATHARY ANIL 32 20202113447 MASKE PORNIMA ANKUSH 33 20202113486 SHERE VITESH VAKATRAO 34 20202113503 NAGAWADE BHAGYASHRI UTTAM 20202113531 KUMBHAR NIKHIL VIKAS

Add on Course : Communication for Manager Attendance

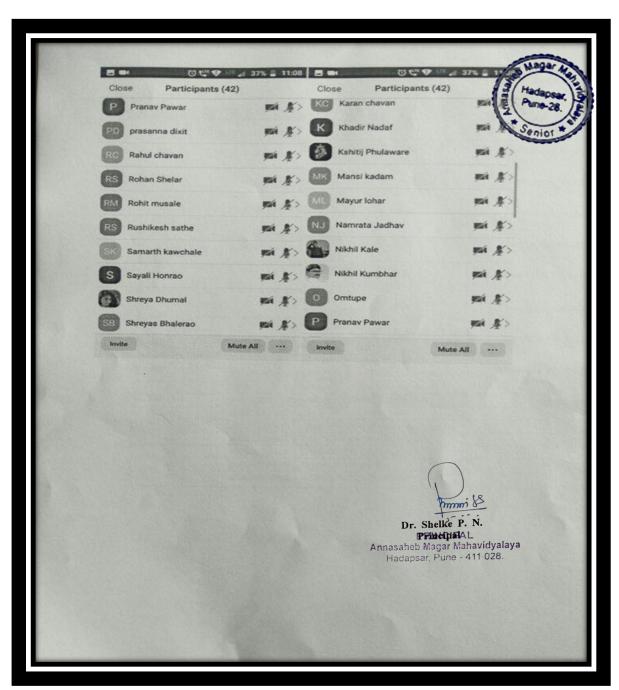
36	20202113602	GUTAL VIKRAM BHALCHANDRA	Hadana
37	20202113617	BHALERAO SHREYAS SUNIL	Pura 20
38	20202113663		2
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41	20202113781	PHULAWARE KSHITIJ BALKRUSHNA	
42	20202113822	CHAVAN SWAPNIL RAMESH	
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46	20202113955	TOLSANKAR TEJAS LAXMAN	
47	20202113974	GALA CHIRAG ANIL	
48	20202114021	KAKADE NIRANJAN DEEPAK	
49	20202114062		Balletina (
50	20202114076	HONRAO SAYALI RAMAKANT	
51	20202114188	DHUMAL SHREYA SHRIKANT	
52	20202114351	SHELAR ROHAN SUBHASH	
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63	20202115925	PAWAR PRANAV MAHENDRA	
64	20202116092	PARDESHI VENKATESH JAGDISH	
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66	20202119459	MUSALE ROHIT U	
67	20202120898	RAJPUT HITESHSING GAJSINGH	

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Add on Course: Communication for Manager



Add on Course : Communication for Manager Attendance



Add on Course : Communication for Manager Report

P.D.E.A'S

Annasaheb Magar Mahavidyalaya Hadapsar, Pune-411028

Department of B.B.A.



Online Add on Course for students of FYBBA

Date: 24/09/2020

Department of BBA has conducted Online Add on Course 2020-2021 on 'Communication for Manager' for FYBBA students from 03/09/2020 to 23/09/2020 On ZOOM App. Total 67 FYBBA students successfully completed this course. Student learned managerial practices and skills of manager.

Ms Hulbatte J.k.

Prof. Shaikh R.C. Head

Head Dept. of BBA Dr. P R Mulay Vice Principal Dr. P.N. Shelke Principal

2. Vaachan Prerana Din(Reading InspirationDay)

By

Hindi Department 26/09/2020

Vaachan Prerana Din (Reading Inspiration Day)

Program Card

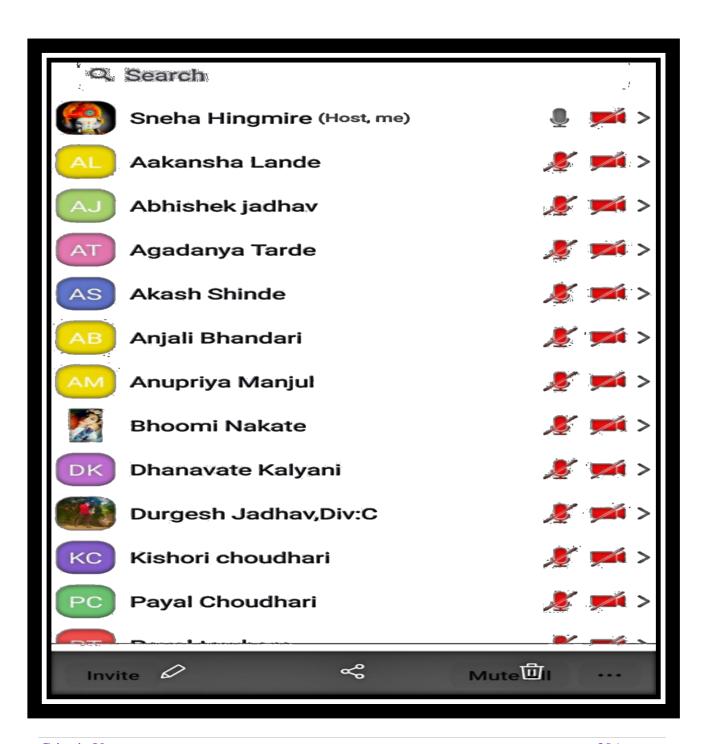


Vaachan Prerana Din(Reading Inspiration Day)

Zoom Meeting



Vaachan Prerana Din(Reading Inspiration Day)



3. Vaachan Prerana
Din(Reading Inspiration
Day): Kavyavaachan
(Poetry Recitation)

By

Marathi Department
15/10/2020

Vaachan Prerana Din (Reading Inspiration Day): Kavya vaachan (Poetry Recitation)

Notice

10/10/2020



दि.१०,१०,२०२०

अण्णासाहेब मगर महाविद्यालय ,हडपसर आयोजित वाचन प्रेरणा दिनानिमित काट्यवाचन स्पर्धा व समूहवाचन कार्यक्रम

डॉ .ए.पी .जे. अब्दुल कलाम याचन कट्टा
१५ ऑक्टोंबर हा डॉ.ए .पी.जे. अब्दुल कलाम यांचा जन्मदिवस याचन प्रेरणादिन
म्हणून साजरा केला जातो. यानिमित महाविद्यालयातील मराठी विभाग ,राष्ट्रीय सेवा
योजना व विद्यार्थी कल्याण मंडळ यांच्या एकत्रित सहकार्यात्न विद्यार्थ्यांसाठी
सामुहिक वाचनाचा कार्यक्रम दि .१५.१०.२०२० रोजी सकाळी १० वाजता मा.प्राचार्य
डॉ.पंडित शेळके यांच्या अध्यक्षतेखाली आयोजित करण्यात आला आहे .कोविडच्या
पार्श्वभूमीवर हा वाचन कार्यक्रम झूम ऑपवर घेत आहोत .सामुहिक वाचनानंतर
मराठी साहित्यातील नामवंत साहित्यिकांच्या आवडत्या कविता अथवा स्वरचित
कवितांच्या काव्यवाचनाचा कार्यक्रम घेण्यात येईल.इच्छुक विद्यार्थ्यांनी आपली नावे
प्रा. सागर कांबळे यांचेकडे दि. १२.१०.२०२० पर्यंत द्यावीत .विद्यार्थांना सामुहिक
वाचनाची प्रत व्हात्सऑप वर पाठवली जाईल.प्रा.सागर कांबळे यांचा फोन

मराठी विभागप्रमुख मराठी विभाग प्रमुख मराठी विभाग प्रमुख अण्णासाहेब मगर महाविद्यालय हुदुपसर, पुणे-४११ ०२८.

रा.से .यो. समन्वयक

विद्यार्थी कल्याण मंडळप्रमुख

ना.प्राचार्य डॉ. पंडित शेळके

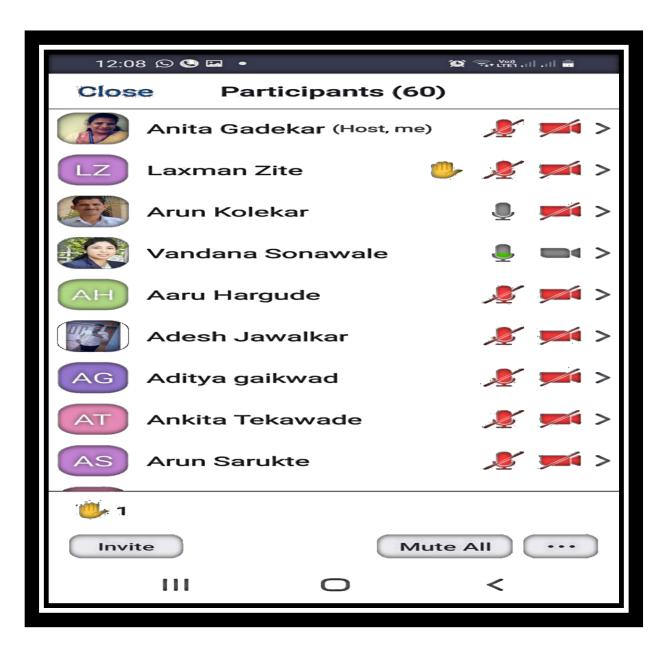
प्राचार्य अण्णासाहेब मगर महाविद्यालय इंडपसर, पुणे-४११०२८.

Vaachan Prerana Din (Reading Inspiration Day): Kavyavaachan (Poetry Recitation)

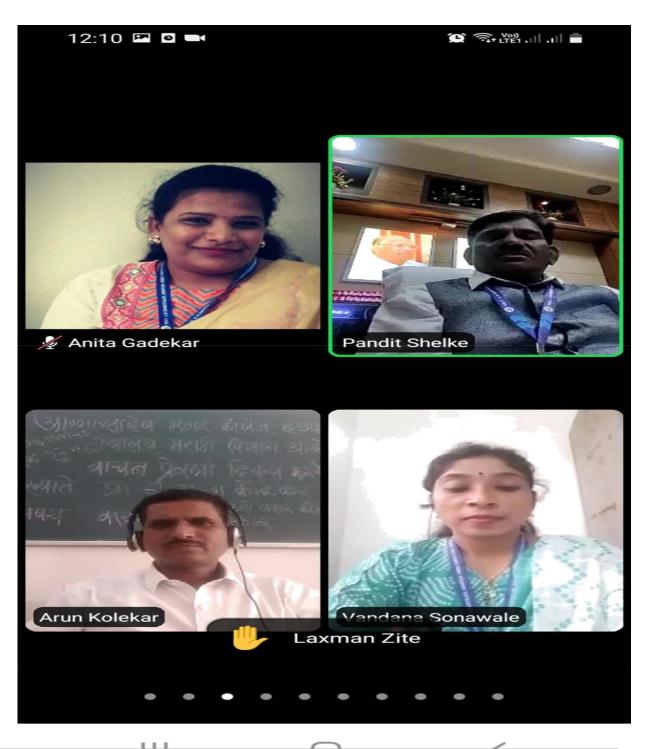
Program Card



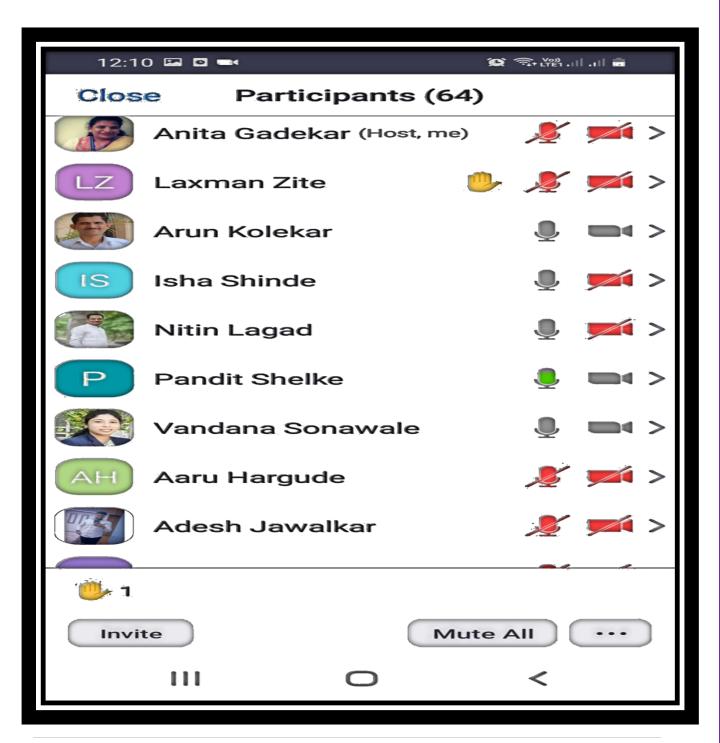
Vaachan Prerana Din (Reading Inspiration Day): Kavya vaachan (Poetry Recitation)



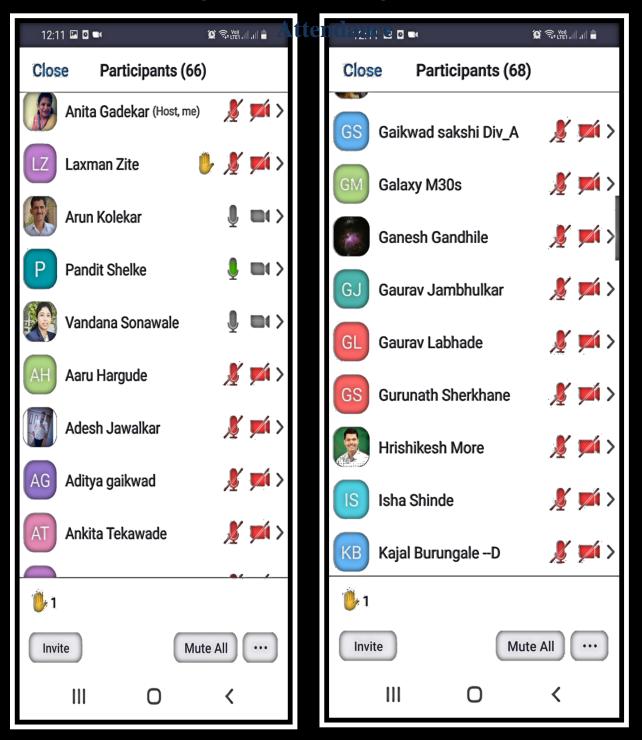
Vaachan Prerana Din (Reading Inspiration Day): Kavyavaachan (Poetry Recitation)



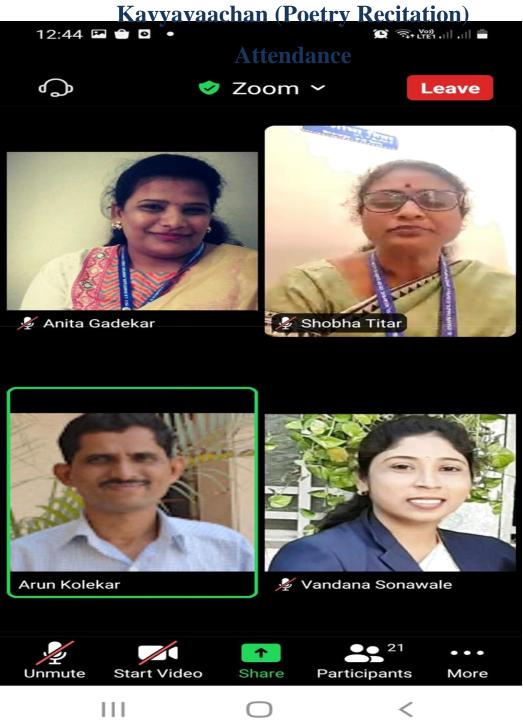
Vaachan Prerana Din (Reading Inspiration Day): Kavyavaachan (Poetry Recitation)



Vaachan Prerana Din (Reading Inspiration Day): Kavyavaachan (Poetry Recitation)

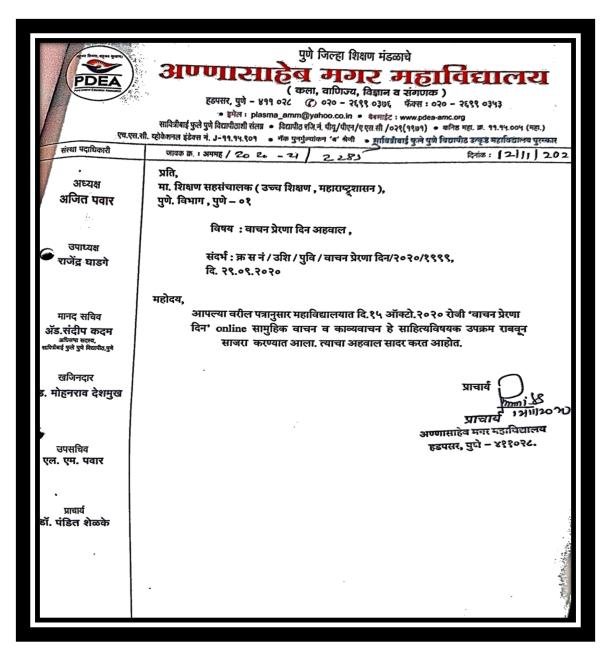


Vaachan Prerana Din (Reading Inspiration Day):



Vaachan Prerana Din (Reading Inspiration Day): Kavya vaachan (Poetry Recitation

Report



Vaachan Prerana Din (Reading Inspiration Day): Kavya vaachan (Poetry Recitation)

Report

पुणे जिल्हा शिक्षण मंडळाचे अण्णासाहेब मगर महाविद्यालय, इडपसर घाचन प्रेरणा विन अहवाल



भारताचे माजी राष्ट्रपती व शासज्ञ डॉ.ए.पी.जे.अब्दुल कलाम यांचा जन्मदियस 'याचन प्रेरणा दिन' संपूर्ण भारतात साजरा केला जातो. अण्णासाहेब मगर महाविद्यालयात , मराठी विभाग, राष्ट्रीय सेवा योजना आणि विद्यार्थी विकास मंडळ यांच्या सहकार्यातून 'वाचन प्रेरणा दिन' साजरा करण्यात आला. "याचन हे एक कौशस्य आहे. वाचनामुळे आपला व्यक्तिमत्व विकास होतो.जगाच्या स्पर्धेत टिकायचे असेल तर याचन केले पाहिजे. रोज दहा ओळी तरी वाचल्या पाहिजेत.आजच्या सोशल मिडीयाच्या जगात माणूस वाचन विसरत चालला आहे. परंतु वाचनाशिवाय पर्याय नाही, डॉ.कलाम नेहमीच म्हणत , 'पुस्तकाच्या सहवासात ज्ञानाबरोबर नेहमीच मला आनंदहीँ मिळाला आहे. ग्रंथ ही माझी सर्वात मौल्यवान अशी ठेव आहे. युवक वाचतील तर देश वाचेल.' 'वाचाल तर वाचाल' असे आपण नेहमीच म्हणतो , पण त्या म्हणण्याला खऱ्या अर्थाने अर्थ प्राप्त होणे हीच त्यांना आदरांजली ठरेल." असे विचार महाविद्यालयाचे प्राचार्य डॉ.पंडित शेळके यांनी आपल्या मनोगतातून व्यक्त केले.

यावेळी डॉ.कलामांच्या जीवनावरील "डॉ.ए.पी.जे.अब्दुल कलाम : संपूर्ण जीवन"या अरुण तिवारीलिखित पुस्तकातील कलामांच्या संकलित भाषणाचे अनुवादित पुस्तकातील काही भागाचे सामुहिक वाचन करण्यात आले. या पहिल्या सत्राचे सूत्रसंचालन मराठी विभागप्रमुख डॉ. शोभा तितर यांनी केले. तर आभार विद्यार्थी विकास मंडळ केंद्रप्रमुख डॉ.मेघना भोसले यांनी मानले. या कार्यक्रमासाठी महाविद्यालयाचे प्राचार्य डॉ.पंडित शेळके, उपप्राचार्य डॉ. ए.बी. माने, हिंदी विभागप्रमुख डॉ.रसाळ , अर्थशास्त्र विभागातील डॉ.मेघना भोसले, प्रा. प्रवीण पोतदार, प्रा.अनिता गाडेकर, ऑफिस सुप्रिटंड श्री . ढोकळे, ग्रंथपाल श्री. पवन कर्डक , शिक्षकेतर कर्मचारी उपस्थित होते. झूम ॲपच्या माध्यमातून या कार्यक्रमासाठी महाविद्यालयाचे सर्व शिक्षक व विद्यार्थी उपस्थित होते.

् कार्यक्रमाच्या दुसऱ्या सत्रात शिक्षक व विद्यार्थी यांच्या काव्यवाचनाचा कार्यक्रम घेण्यात आला. यामध्ये सामाजिक, प्रेम, अशा आशयावरील स्वरचित व मराठी साहित्यातील ख्यातनाम कर्वीच्या कवितांचे वाचन करण्यात आले. ऋतुजा भोसले, जयश्री खडके,अश्विनी पारखे व इतर विद्यार्थ्यांनी स्वरचित तसेच संकलित कवितांचे सादरीकरण केले. डॉ.मेघना भोसले, प्रा.वंदना सोनवले, प्रा सागर कांबळे या प्राघ्यापकांनी आपल्या कवितेचे सादरीकरण केले.दुसऱ्या सत्रातील कार्यक्रमाचे सूत्रसंचालन प्रा.सागर कांबळे यांनी केले तर आभार प्रा.वंदना सोनवले यांनी मानले. या संपूर्ण कार्यक्रमाचे नियोजन प्राचार्यांच्या मार्गदर्शनाखाली मराठी विभाग, राष्ट्रीय सेवा योजना आणि विद्यार्थी कल्याण मंडळ विभागाने केले होते.

महाविद्यालयात 'डॉ.ए.पी.जे.अब्दुल कलाम वाचन कट्टा' कार्यरत असून वर्षभर " वाचकमंच" हा

साहित्यवाचनाचा उपक्रम राबविला जातो.

भराठी विभाग प्रमुख अण्णासाहेब मगर गहादि जालय हडपसर, पुणे-४११ ०२८.

अण्णासाहेब मगर गहाविद्यालय हडपसर, पुष्ते – ४११०२८.

4. Guest Lecture on How
to Improve
Communication Skills

By
BBA Department

11/03/2021

Guest Lecture on How to Improve Communication Skills Notice

P.D.E.A's

Annasaheb Magar Mahavidyalaya Hadapsar, Pune-411028

Department of B.B.A. (CA)

NOTICE

Date: 09/03/2021

This is hereby informed to all Students of SYBBA(CA) and TYBBA

(CA) that the department has organized online Guest Lecture on

"Communication Skills" on 11/03/2021. All students should remain

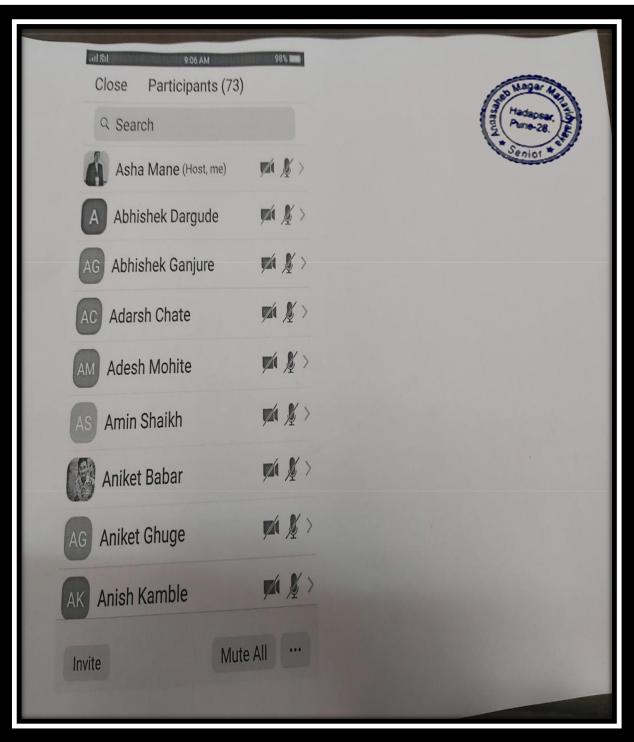
present for the same.

Time: 9 a.m

Coordinator

Department of BBA (CA) A Annasaheb Magar Mahavidyalaya Hadapsar, Pune-28

Guest Lecture on How to Improve Communication SkillsAttendance



Criteria

Guest Lecture on How to Improve Communication Skill Report

P.D.E.A's

Annasaheb Magar Mahavidyalaya Hadapsar, Pune-4110

Department of B.B.A. (CA)

Report on Guest Lecture "Communication Skills"

Date: - 11/03/2024

Goal of Event-

How to improve Communication Skill

The BBA (CA) department has organized Guest Lecture on "Communication Skill" on 11/03/2021 at 9.00 am. Total 68 students of SYBBA (CA) and TYBBA (CA) participated.

Mrs.Ashwini Suhas Walhekar from Mahatma Phule Institute, Hadapsar was invited as a Guest to tuide the students on the topic "Communication Skill" She guided the students how to improve ommunication skill. She also gave some tips about how to develop personality to stand for orporate Industry. The students asked them queries and she explained it with examples.

event is coordinated by H.O.D Prof.Mane A.C. and welcomes the guest, and Prof.Walhekar R.S oposed vote of thanks.

Dr. Shelke P. N. **Prindpa**AL Annasaheb Magar Mahavidyalaya Hadapsar, Pune - 411 028.

Department of BBA (CA) Annasaheb Magar Mahavidyalaya Hadapsar, Pune-28

III. Life Skills

2020 - 2021

1. A Lecture on Health and Hygiene

By

BBA Department

24/08/2020 - 25/08/2020

A Lecture on Health and Hygiene in Covid-19 Pandemic **Situation**

Notice

Annasaheb Magar Mahavidyalaya, Hadapsar, Pune 28

Environmental Awareness Committee



NOTICE

All students are hereby informed that the Environmental Awareness Committee is organizing special online lecture on "Health and Hygiene in Covid-19 pandemic situation" as follows:

Zomm link for lecture:

https://us04web.zoom.us/j/6126730936?pwd=Q1FCZHBiWURTdGRJRk5pO

XhJaGliZz09

Meeting ID: 612 673 0936

Passcode: anita2020

Sr.	Class	Day and Date	Time
1.	S.Y.B.Sc.	Monday 24/08/2020	9.10am to 10.10am
2.	S.Y.B.Sc. (Comp. Sci.)	Monday 24/08/2020	10.00am to 11.10am
3.	B.B.A and B.B.A. C.A.	Tuesday 25/08/2020	11.30am to 12.10pm
4.	S.Y. B.Com.	Tuesday 25/08/2020	12.05pm to 12.55pm

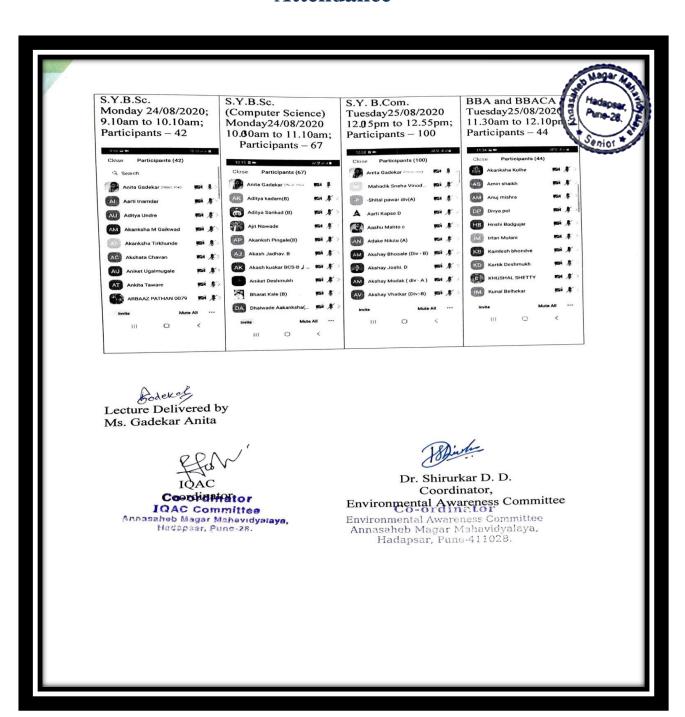
Dr. Shirurkar D. D. Co-ordinator

Environmental Awareness Committee Annasaheb Magar Mahavidyalaya, Hadapsar, Pune-411028.

IQAC Committee Annasaheb Magar Mahavidyataya, Hadapsar, Pune - 411 028. Hadapsar, Pune-28.

PRINCIPAL Annasaheb Magar Mahavidyalaya

A Lecture on Health and Hygiene in Covid-19 Pandemic Situation



A Lecture on Health and Hygiene in Covid-19 Pandemic Situation

Report

Annasaheb Magar Mahavidyalaya, Hadapsar, Pune 2



"Health and Hygiene in Covid-19 pandemic situation" 24/08/2020 and 25/08/2020

Special online lecture on "Health and Hygiene in Covid-19 pandemic situation" was organized by Environmental Awareness Committee on 24/08/2020 and 25/08/2020.

Lecture delivered by Ms. Gadekar Anita.

In this lecture total 253 participant were there and following information given to student.

- Good hygiene practices to protect against COVID-19
- Some ways to prevent the spread of COVID-19.
- Essential care during COVID-19 recovery period
- Some possible complications after recovering from COVID-19.
- Post COVID care and health tests

Zomm link for lecture:

https://us04web.zoom.us/j/6126730936?pwd=Q1FCZHBiWURTdGRJRk5pO

XhJaGliZz09

Meeting ID: 612 673 0936

Passcode: anita2020

Dr. Shelke P. N.

Annasaheb Magar Mahavidyalaya Hadapsar, Pune - 411 028.

2. Life Skill: Yoga

By

BBA Department

15/12/2020

Online Yoga Session

Notice

P.D.E.A's

Annasaheb Magar Mahavidyalaya Hadapsar, Pune-411028

Department of B.B.A. (CA)

NOTICE

Date: 14/12/2020

This is hereby informed to all Students of BBA (CA) that the department has organized online yoga session on 15/12/2020. All students should remain present for the same.

Time: 9.00 a.m

Coordinator

Department of BBA (CA) A Annasaheb Magar Mahavidyalaya Hadapsar, Pune-28

Online Yoga Session



Online Yoga Session

Photo



Online Yoga Session

Report



P.D.E.A's

Annasaheb Magar Mahavidyalaya Hadapsar, Pune-411028

Department of B.B.A. (CA)

Report on Yoga Session

Date: - 15/12/2020

Goal of Event-

• To give health awareness to the students with life skill yoga

The BBA (CA) department has conducted online session on "Life Skill-Yoga" on 15/12/2020 at 9.00 am. Total 32 students are participated.

Ms. Aishwarya Thite was invited as a Guest to conduct the live yoga session. She not only guided how to the students how to do the Asnas but also briefed the use of every Aasan. The students asked them queries and she explained it with examples.

Event is coordinated by Mrs. Walhekar R.S and welcomes the guest, and Prof.Mane A.C. proposed vote of thanks.

Department of BBA (CA) A Annasaheb Magar Mahavidyalaya Hadapsar, Pune-28

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3. Value Added Course:
Yoga Therapy
By
Commerce and Hindi
Departments
6/2/2021 to 15/02/2021

Value Added Course: Yoga Therapy

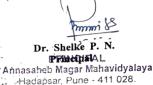
Particulars

PDEA'S ANNASAHEB MAGAR MAHAVIDYALAYA, HADAPSAR PUNE-4110028 Department of Hindi And commerce And Research Center Value –Added Course Yoga therapy 2020-2021



06/02/2021 To 15/02/2021

Sr. No.	Particulars
1	Notice
2	Yoga therapy time table
3	Yoga therapy syllabus
4	Invitation letter
5	Thanking letter
6	Student Attendance



Value Adding Course: Yoga Therapy

Notice

PDEA'S ANNASAHEB MAGAR MAHAVIDYALAYA, HADAPSAR PUNE-4110028

Department of Hindi And commerce And Research Center Value -Added Course Yoga therapy 2020-2021 Notice

Date: - 05/02/2021

All the B.A. and M.A Hindi B.Com And M.Com student are here by informed that there will be the Guest lecture on the topic yoga therapy for value added course on 06/02/2021 To 15/02/2021 Timing 07.00am To 08.00am and 04.00pm To 06.00pm at yoga Online lectures on Google meet.

Hindi Department

Commerce Dpt.

M.O.D.

Annasaheb Mager Mahavidyalaya, Hadapsar, Pune-411028.

Head

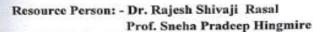
Department of Hindi Department of Common Annasaheb Magar Mahavitiyalaya and Mahavitiya

Value Added Course: Yoga Therapy

Time Table

PDEA'S ANNASAHEB MAGAR MAHAVIDYALAYA, HADAPSAR PUNE-4110028

Department of Hindi and commerce And Research Center
Value –Added Course
Yoga therapy Time Table
2020-2021



Date	Time	Topic		
06/02/2021	07.00am To 08.00am	Practical		
06/02/2021	04.00pm To 06.00pm	Study of human anatomy and physiology		
07/02/2021	07.00am To 08.00am	Practical		
07/02/2021	04.00pm To 06.00pm	Study of concept of health and diseases		
08/02/2021	07.00am To 08.00am	Practical		
08/02/2021	04.00pm To 06.00pm	Study of disorders such as diabetes, hypertension, asthma, joint pain, cardiac diseases, obesity		
09/02/2021	07.00am To 08.00am	Practical		
09/02/2021	04.00pm To 06.00pm	Textual basis of yoga various dracaenas and approach to self realization		
10/02/2021	07.00am To 08.00am	Practical		
10/02/2021	04.00pm To 06.00pm	Patanjali yogsutra		
11/02/2021	07.00am To 08.00am	Practical		
11/02/2021	04.00pm To 06.00pm	Techniques of practicing yogic practice and their role in human health		
12/02/2021	07.00am To 08.00am	Practical		
12/02/2021	04.00pm To 06.00pm	Basic principles and methods of various asanas and their applications in curing various ailments		
13/02/2021	07.00am To 08.00am	Practical		
13/02/2021	04.00pm To 06.00pm	Principles and methods of prannyam meditation		
14/02/2021	07.00am To 08.00am	Practical		
14/02/2021	04.00pm To 06.00pm	Relaxation techniques		
15/02/2021	07.00am To 08.00am	Practical		
15/02/2021	04.00pm To 06.00pm	Shuddhikriya- principle, methods, equipment, techniques, ues		

enue :- Online lecture

Co-Ordinator

H.O.D Hindi Department Head

Department of Hindi

dvidyalaya:

Annasaheb Non

H.O.D Commerce Dpt. Principal IPAL

Annasaheb Mo: - Mahavidyalaya,
Hadapsar, Fune-411028.

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Value Adding Course: Yoga Therapy

Syllabus

PDEA'S ANNASAHEB MAGAR MAHAVIDYALAYA. HADAPSAR PUNE-4110028 Department of Hindi and commerce And Research Cente Value -Added Course 2020-2021 Syllabus: - Yoga therapy Study of human anatomy and physiology Study of concept of health and diseases 3 Study of disorders such as diabetes, hypertension, asthma, joint pain, cardiac diseases, Textual basis of yoga various darshanas and approach to self realization, Patanjali 4 5 Techniques of practicing yogic practice and their role in human health Basic principles and methods of various asana and their applications in curing various 6 7 Principles and methods of pranayam meditation, Relaxation techniques Shuddhikriya- principle, methods, equipment, techniques, ues Co-Ordinator PrincipalIPAL Dr. Amodke Annasaheb Magar Mahavidyalaya, Head artment of Cours Hadapsar, Pune-411028. Department of Hindi Annasaheb Magar Mahavidyalaya Podapsar, P. 3 - 411028.

Value Added Course : Yoga Therapy

1 Adake Nikita Mahadev 2 Admane Anirudh Umakant 3 Adsul Pranita Pravin 4 Aftab sajjan pathan 5 Aghav Chaitanya Vishwanath 6 Ahivale ajay satish 7 Akade ashtamee ramesh	8007200107 7972217520 8830441025 7031131131 9834017095	7972217520 8830441025	nikuadake1102@gmail.com animanhero@gmail.com Pranitaadsul742@gmail.com
3 Adsul Pranita Pravin 4 Aftab sajjan pathan 5 Aghav Chaitanya Vishwanath 6 Ahivale ajay satish	8830441025 7031131131	8830441025	
4 Aftab sajjan pathan 5 Aghav Chaitanya Vishwanath 6 Ahivale ajay satish	7031131131		Pranitaadsul742@gmail.com
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28 Bhagwat Divya Rajendra	9022272203	9022272203	divyabhagwat05@gmail.com
29 Bhandari Radhika Channabasappa	7666228479	7666228479	bhandhariradhika1@gmail.com
30 Bhapkar Aniket Ramdas	8378922340	8378922340	aniketbhapkar5415@gmail.com
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33 Bhoiwar Maroti Laxman	8408092596	8408092506	msrotibhoiwar28038@gmail.com

Value Added Course : Yoga Therapy

List of Participants

34	Bhoiwar Maroti Laxman	8408092596	9409002506	msi otibhoiwar28038@gm iil somr
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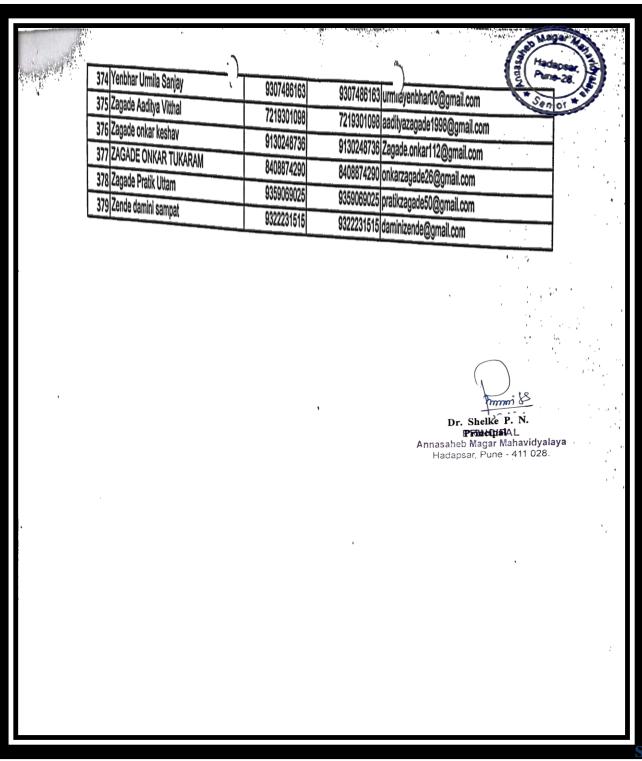
Dr. Shelke P. N.

PFINCHAIAL

Annasaheb Magar Mahavidyalaya

Hadapsar, Pune - 411 028.

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		Kiran Tarate	N.	:	(A)	Amol Shinde	Sepio	
	M	Manisha Bhawsar	N.	:	(A)	Archana Khedekar	*	•
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	A.	Archana Khedekar	Ø.	•	A.	Amol Shinde	<i>§</i> .	•
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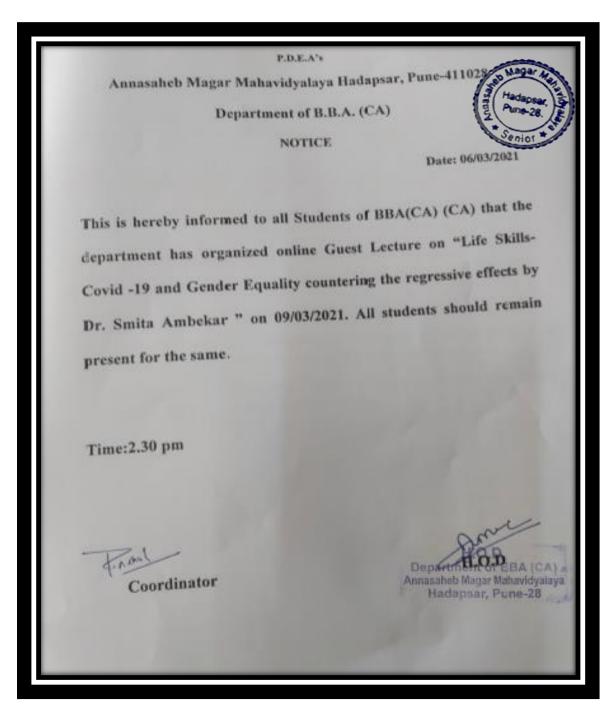
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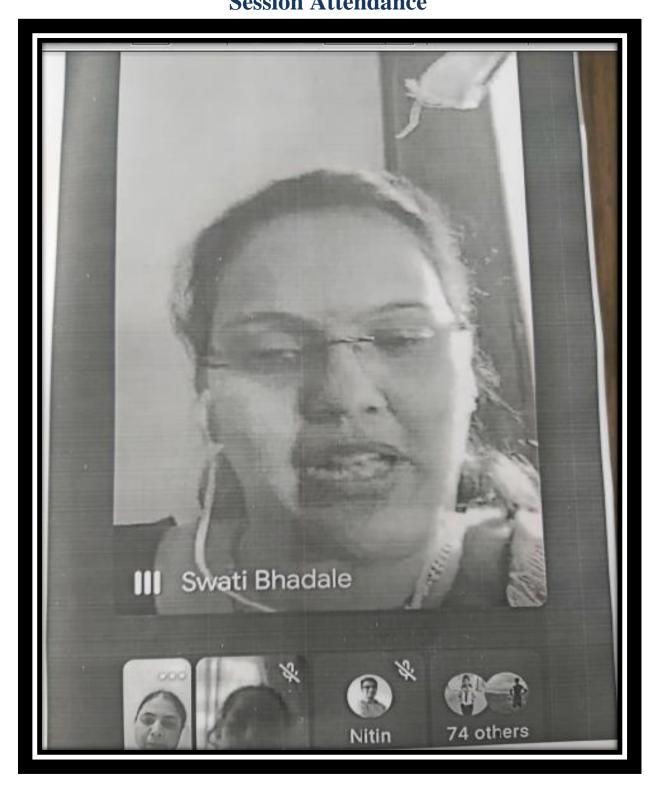
BBA Department

9/03/2021

Covid 19 & Gender Equality Countering Regressive Effects Notice



Covid 19 & Gender Equality Countering Regressive Effects Session Attendance



Covid 19 & Gender Equality Countering Regressive Effects Report

